

Niigata Journal of Health and Welfare

Instructions to Authors

Instructions to Authors updated 1 April 2024

AIMS & SCOPE

The *Niigata Journal of Health and Welfare* is an international, open access journal publishing high-quality, original scientific research in health, sports, medicine and welfare. The journal publishes articles spanning co-medical fields, social sciences, rehabilitation, nutrition, health promotion and policy that have been contributed by society members.

The journal is the official journal of the Niigata Society for Health and Welfare. It publishes Full Articles, Brief Communications, Reviews and invited Opinions. Articles undergo rigorous and fair peer review, and are published continuously online and collated into issues two or three times per year. The journal aims to foster communication among researchers and allied health professionals including health, welfare and sports sciences and policy makers. Furthermore, the journal aims to develop an interdisciplinary science among co-medical fields, social science research, rehabilitation, nutrition, health promotion, and policy, for human well-being. We welcome contributions from authors based anywhere in the world.

Manuscript Types

The journal welcomes four manuscript types, all of which are subject to peer review.

Full Articles

Full Articles are comprehensive reports describing original research. They are presented in a standard format: Abstract, Introduction, Materials and Methods, Results, Discussion and References. The main text (excluding references, tables, and figure legends) should not exceed 8000 words.

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Brief Communications are concise, topical reports describing original research that may not warrant Full Articles but deserve publication as soon as possible. The main text should not exceed 2500 words and should follow the format for Full Articles.

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Reviews present novel or unique overviews of recent or important developments in the field. They must be insightful and must address the question(s) of interest using appropriate and fully presented evidence; exhaustive general summaries will not be considered. Reviews are generally 5000-6000 words and can explore several aspects of importance in a broader subject area. Reviews are occasionally commissioned by the Editor-in-Chief, and the journal welcomes proposals from interested authors.

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The maximum length of the text is 8000 words including all pages in the manuscript.

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Acknowledgements

List all funding sources supporting the work as well as those individuals the authors wish to name for their significant contribution to the study.

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Number references consecutively in the order that they are first cited in the text. Identify references in the text by Arabic numerals in square brackets. No more than 50 references are allowed. Works should only be cited when the authors have read them; this avoids flawed descriptions and the promulgation of errors.

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References in languages other than English should be cited with the authors’ names, the title and the source of the work in the original language as well as a English translation of the title in a bracket after the title and before the period, using the style shown in the Publication Manual of the American Psychological Association, Seventh Edition. For sources written in a different alphabet than the Roman alphabet, transliterate the original alphabet into the Roman alphabet. For Chinese, Japanese and Korean languages, please follow the examples at the Yale University Library webpage: ‘Quick Guide on Citation Style for Chinese, Japanese and Korean Sources: APA Examples’ (guides.library.yale.edu/c.php?g=296262&p=1974231). The year of publication, volume, issue, and page numbers should be formatted as described in the NLM’s ICMJE recommendations.

Example references:

1. Gotoh Y, Kurokami H, Ikuta T. Measurement of critical viewing skills in web browsing using

- correspondence analysis. *Niigata j. Health welf.* 2009;9:2-17.
2. Rose ME, Huerbin MB, Melick J, et al. Regulation of interstitial excitatory amino acid concentrations after cortical contusion injury. *Brain Res.* 2002;935(1-2):40-6.
 3. Langhorne P, Coupar F, Pollock A. Motor recovery after stroke: a systematic review. *Lancet Neurol.* 2009;8:741-754.
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